

Celeste Sinclair, M.A.

She, Her, Hers. | 555-555-5555 | CSinclair@gmail.com | Denton, TX

Education

Texas Woman's University

Doctor of Philosophy in Counseling Psychology	Expected 2023
Master of Arts in Counseling Psychology	2019
Bachelor of Science in Psychology	2014

Clinical & Scholarly Interests

Corrections, Complex Trauma, EMDR, Somatic Interventions, Mindfulness Interventions, Relational Cultural Therapy, Sensory Processing Sensitivity, Attachment, Intersectional and Multicultural Identity, LGBTQIA+, Anxiety, Depression, Obsessive – Compulsive Disorders.

Professional Experience

Texas Woman's University, Denton, TX

Career Consultant 10/2019 – Present

- Provide individual and group career counseling and advising including administration and interpretation of standardized career assessments.
- Conduct research on trends in career development, develop and present workshops, programming, and occupational information.
- Design handouts, tip sheets, and worksheets to facilitate career education.
- Market programming, gather data, analyze, and report on program effectiveness.
- Collaborate with campus partners to engage students in career development.
- Assist with annual career fairs, networking receptions, and career events.
- Develop and disseminate monthly newsletters and blog posts for career counseling.

Employee Relations Student Assistant 06/2019 – 10/2019

- Engaged in employer outreach and business development.
- Executed data collection, analysis, and reporting.
- Assisted with career fair planning and execution.
- Facilitated administrative, logistical, and operational duties as needed.

Academic Advisor Social Work Department 08/2015 – 08/2018

- Coordinated initial advising and assessment of incoming students.
- Analyzed degree plans and core competency requirements.
- Created and maintained advising reports and student documentation.
- Co-facilitated orientation for new and incoming students.

J.P. Morgan Chase Bank, Denton, TX

Senior Teller 02/2017 – 12/2018

- Established a quality customer service environment.
- Processed monetary transactions, daily balancing, & reporting.
- Referred banking products and services to new and existing customers.

Denton County MHMR – Crisis Residential Unit, Denton, TX

Qualified Mental Health Professional 4/2016 – 01/2017

- Conducted orientation and exit procedures for individuals experiencing a mental health crisis including psychosocial assessments, treatment plans, and discharge.
- Provided brief individual counseling including the assessment for risk of suicidal and homicidal ideation or intent.
- Facilitated skills training therapy groups.
- Assisted residents in gaining access to mental health, medical, social, vocational, and financial services.
- Provided emergency intervention when necessary, per Department of Human Services (DHS) procedures including verbal and physical Prevention Management of Aggressive Behavior (PMAB) intervention, CPR, and emergency or non-emergency first aid.
- Assisted with residence maintenance including cooking, cleaning, and laundry.

J. Hester Properties at Oak Meadows Apartment Homes, Denton, TX

Leasing Specialist

10/2012 – 4/2016

- Welcomed visitors, educated renters about amenities, and provided residential tours.
- Addressed and resolved resident issues and complaints.
- Conducted market research, developed, implemented, and disseminated marketing materials.

Clinical Practicum Experience

The Gracious Mind Counseling and Wellness, Denton, TX

Advanced Counseling & Assessment Intern

05/2021 – Present

- Provide individual counseling and treatment planning.
- Conduct clinical interviews for assessment.
- Provide cognitive and psychological assessments, reports, and feedback under the supervision of Dr. Karen McDowell including the WAIS – IV, DKEFS-2, RBANS, BDI-2, BAI, BROWN EF/A, KTEA-3, WRAT-5, RAVENS-2, CTONI-2, and the MMPI-3.
- Assist with community engagement and events.

Allen Psychological Services, Allen, TX

Assessment Practicum Intern

08/2020 – 12/2020

- Co-facilitated client intake and personal history assessment.
- Conducted cognitive and personality assessments under the supervision of Dr. Erick Gonzalez including the CPT-III, NEPSY-II, RBANS, TOMAL-II, WASI-II, WMS-III, WAIS-IV, WIAT-III, WISC-V, BAI, BDI-II, BYI-II, BADDS, CSI-4-P, GARS-III, PDSQ, RCMAS-II, SADS, K-SADS, and the WURS.
- Completed assessment reports.

Richland Oaks Counseling Center, Richardson, TX

Assessment Practicum Intern

08/2019 – 12/2019

- Observed and conducted cognitive and personality assessments under the supervision of Dr. Kelleigh Head including the IVA-II, CTMT, DEVA, MAQ, CAARS, WJ-IV, and the MCMI-IV.
- Assisted with intake and feedback sessions, and assessment report writing.

Veterans Affairs – North Texas Healthcare, Fort Worth, TX

Counseling Practicum Intern

07/2018 – 08/2019

- Conducted individual counseling, case conceptualization, and treatment planning with a population of military veterans.

- Co-facilitated Military Sexual Trauma, Dialectical Behavior Therapy Skills, and Cognitive Behavior Therapy Skills for Depression therapy groups under the supervision of Dr. Heidi Koehler.

Texas Woman's University Counseling & Psychological Services, Denton, TX

Counseling Practicum Intern

08/2017 – 05/2018

- Conducted individual counseling with a populations of college students including intakes, Counseling Center Assessment of Psychological Symptoms (CCAPS) assessments, DSM diagnosis, treatment planning, and case conceptualization under the supervision of Dr. Martha Bergen.
- Co-facilitated outreach seminars focused on multicultural competence education for students, professors, and university staff.

Denton County Friends of the Family, Denton, TX

Counseling Practicum Intern

07/2015 – 07/2016

- Conducted individual and crisis counseling with a population of survivors of domestic violence and sexual assault and perpetrators of domestic violence.
- Co – facilitated Survivors of Relationship Violence group counseling and Violence Intervention and Prevention (VIPP/BIPP) group program.
- Completed intake, assessments, advocacy, and legal support referrals for new clients.
- Assisted with childcare, cleaning, food pantry, donation management, fundraising, and general community support of the organization.

Research Experience

Scholarly Works in Progress

Primary Researcher

- Dissertation: Sensory Processing Sensitivity Among Mental Health Professionals and Mental Health Graduate Students.
- Successfully proposed in October 2021.
- Expected completion by August 2022.

Presentations

Primary Presenter

Sinclair, C., Mollen, D., & Harris, D. (2019). *An updated investigation of group masturbation*. Presented at the annual meeting of the Society for the Scientific Study of Sexuality, Denver, Colorado.

Primary Presenter

Sinclair, C., & Hart, C.L. (2014). *The relationship between perceived gullibility and attractiveness*. Presented at the Southwestern Psychological Association Annual Convention, San Antonio, Texas.

Primary Presenter

Sinclair, C., & Asbury, T. (2014). *The relationship between empathy and career aspirations*. Presented at the Texas Woman's University Student Creative Arts and Research Symposium, Denton, Texas.

Research Teams

Primary Researcher

2016 – 2019

- Compiled and synthesized a comprehensive review of all research on the topic of Group Masturbation to meet the requirements of a thesis equivalency project.
- Authored and presented poster presentation.

Research Assistant

Spring 2014

- Inspired original research into the exploration of empathy and career aspirations.
- Developed and implemented a survey and recruited participants.
- Aided in statistical analysis.
- Contributed to IRB application preparation.
- Co-authored and presented poster presentation.

Research Assistant

Fall 2013

- Assisted in a research project exploring the existing work of a previous student focused on exploitability.
- Developed and implemented a survey and recruited participants.
- Contributed to IRB application preparation.
- Co-authored and presented poster presentation.

Research Assistant

Summer 2013

- Assisted in a research project exploring the existing work of the supervising professor focused on personality and deception.
- Recruited participants for an online survey.
- Carried out literature searches for five specific evolutionary terms over the last 10 years and within 11 psychological journals.
- Arranged the titles of journals containing evolutionary terms into an excel spreadsheet including notes on progress.

Volunteer Experience**Trauma Support Services North***Training Volunteer*

08/2019 – Present

- Collaborate with team to set up event location and materials.
- Manage sign in table and disseminate CEU documentation.
- Manage virtual chat and questions from participants.

Psi Beta National Honor Society for Psychology*Volunteer*

2006 – 2011

- Organized society events.
- Aided in recruiting new members.
- Assisted with fundraising and collected and delivered donations.

Professional Training & Certifications

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| • Eye Movement Desensitization and Reprocessing Basic Training | 2021 |
| • APA Substance Use Disorders Curriculum for Training Psychology Graduate Students to Assess and Treat Substance Use Disorders | 2021 |
| • Grief and Loss: How to Identify and Treat It | 2021 |
| • Forensic Mental Assessment for Humanitarian Immigration Cases | 2021 |
| • Trauma Support Services Case Consultation | 2021 |
| • Adult Mental Health First Aid | 2020 |

- The Neurobiology of Trauma 2020
- The Role of Fatphobia and Diet Culture in How We Experience Our Bodies 2019
- American Heart Association Heart Saver Basic Life Support Provider 2019
- Crisis Prevention Institute Training for Nonviolent Crisis Intervention 2019
- Qualified Mental Health Professional 2016
- Ally Training in Diversity, Inclusion, & Outreach 2016
- Co-Occurring Psychiatric and Substance Use Disorders 2016
- Counseling on Access to Lethal Means 2016

Professional Memberships

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| • American Psychological Association | • Texas Psychological Association |
| • American Counseling Association | • Southwest Psychological Association |
| • EMDR International Association | • The Society for the Scientific Study of Sexuality |
| • Society of Counseling Psychology | • The Society for the Exploration of Psychotherapy Integration |
| • Society for the Psychology of Women | |

Relevant Graduate Coursework

Texas Woman's University, Denton, TX

PSY 5501/6011/6021: Professional Issues in Psychology and Counseling

PSY 5554: Theory & Practice of Counseling and Psychotherapy

PSY 6833: Ethics in Psychology

PSY 5304: Advanced Psychological Statistics I

PSY 5513: Advanced Psychopathology

PSY 5523: Clinical Therapeutic Group Processes

PSY 5674: Theory and Practice of Family Psychology

PSY 6383: Cross Cultural Psychology

PSY 5313: Psychological Tests & Measurements

PSY 6393: Psychology of Violence, Trauma, & Abuse

PSY 5923/6923: Supervised Practicum

PSY 5163: Psychology of Women

PSY 5693: Human Sexuality

PSY 6613: Advanced Developmental Psychology

PSY 6991: Supervised Field Work

PSY 6803: Vocational Psychology

PSY 6103: Cognition and Emotion

PSY 6633: Philosophical and Historical Foundations of Psychology

PSY 6913: Independent Study – Thesis & Dissertation

PSY 5993: Thesis

PSY 5423: Cognitive Assessment

PSY 5353: Research Design

PSY 6961: Research Team

PSY 6443: Objective Personality Assessment

PSY 6774: Foundations of Social Psychology

PSY 6204: Advanced Psychological Statistics II

PSY 6243: Advanced Theories and Psychotherapies

PSY 6583: Neuropsychopharmacology

PSY 6853: Supervision & Consultation in Psychology

PSY 6113: Measure & Psychometric Theory

PSY 6133: Advanced Behavioral Neuroscience

PSY 6981: College TeachingPSY 6983: Dissertation