# SELF-SCORED COMPETENCY WORKSHEET

Ask yourself, point-by-point, whether you possess those competencies. Ultimately, you will incorporate this information into your Personal Action Plan.

[5=highly effective, 4=effective, 3=competent, 2=development advised, 1=development required]

Scores

**Strategic Thinking (overall)** \_\_\_\_\_

Expertise \_\_\_\_\_

Vision \_\_\_\_\_

Execution \_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

**Communications (overall)** \_\_\_\_\_

Clarity, Conciseness, Correctness \_\_\_\_\_

SQ/EQ \_\_\_\_\_

Listening \_\_\_\_\_

Presenting \_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

**Team Leadership (overall)** \_\_\_\_\_

Expertise \_\_\_\_\_

Vision \_\_\_\_\_

EQ \_\_\_\_\_

SQ \_\_\_\_\_

Decisiveness \_\_\_\_\_

Focus \_\_\_\_\_

Persuasiveness \_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

**Accountability (overall)** \_\_\_\_\_

Work \_\_\_\_\_

Actions \_\_\_\_\_

Self \_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

**Execution (overall)** \_\_\_\_\_

Results \_\_\_\_\_

**Special Competencies (Technical)** \_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

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Overall Total