# SELF-SCORED COMPETENCY WORKSHEET

Ask yourself, point-by-point, whether you possess those competencies. Ultimately, you will incorporate this information into your Personal Action Plan.

[5=highly effective, 4=effective, 3=competent, 2=development advised, 1=development required]

Scores

**Strategic Thinking (overall)** \_\_\_\_\_

Expertise \_\_\_\_\_

Vision \_\_\_\_\_

Execution \_\_\_\_\_

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**Communications (overall)** \_\_\_\_\_

 Clarity, Conciseness, Correctness \_\_\_\_\_

 SQ/EQ \_\_\_\_\_

 Listening \_\_\_\_\_

 Presenting \_\_\_\_\_

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 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

**Team Leadership (overall)** \_\_\_\_\_

 Expertise \_\_\_\_\_

Vision \_\_\_\_\_

 EQ \_\_\_\_\_

 SQ \_\_\_\_\_

 Decisiveness \_\_\_\_\_

 Focus \_\_\_\_\_

 Persuasiveness \_\_\_\_\_

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**Accountability (overall)** \_\_\_\_\_

 Work \_\_\_\_\_

 Actions \_\_\_\_\_

 Self \_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

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**Execution (overall)** \_\_\_\_\_

 Results \_\_\_\_\_

**Special Competencies (Technical)** \_\_\_\_\_

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 Overall Total