

# YOUR CAREER JOURNEY

# FRESHMAN YEAR



## Visit the Career Center

- Meet with your career coach and start discussing your professional interests
- Develop a resume and explore career options
- Create and learn about your [Handshake](#) account and other resources

## Connect with Your Professors

- Get to know your SHU professors and academic advisor
- Build meaningful relationships and ask questions to learn more about career and academic options



## Decide on a Major and Explore Career Options

- Join the [Discover U program](#) if you are unsure of what you want to major in, or aren't sure of what careers you can pursue with a certain major
- Apply to the [Job Shadow Program](#) if you want to explore a career or industry
- Attend Career-sponsored events held throughout the semester

## Get Involved

- Investigate [SHU clubs, organizations](#) and [volunteer opportunities](#) that interest you. This is how you can identify and develop your interests and strengths as well as build your resume



## Social Media

- Begin to clean up your social media! Instagram, Twitter, Facebook, Snapchat and create a LinkedIn profile – stop by the Center for Career & Professional Development to learn how!

## Get Good Grades

- Some internships require a certain GPA. Be sure to turn to an [administrator](#) or faculty member if you need some academic guidance. We are a team and we want to help you achieve success!

