

# YOUR CAREER JOURNEY

## JUNIOR YEAR



### Professional Development & Career Profiles

- Make sure your resume and profiles ([Handshake](#), [LinkedIn](#)) are updated
- Update your [Handshake](#) search preferences to make sure you are receiving emails with opportunities related to your career interests
- Post your approved resume to your profiles
- Refine your interview skills by scheduling a mock interview with your career coach or practice online with [Big Interview](#)

### Grow Your Network & Develop Post-Grad Plans

- Meet with your SHU professors and your academic advisor to build meaningful relationships and ask questions to learn more about career options
- Attend events hosted by the [Career Center](#) including employer information session and/or Career Fairs. Research the attending organizations
- Continue connecting with alumni and employers to learn about application processes and hiring needs within your field(s) of interest
- Increase your total number of connections on [LinkedIn](#)

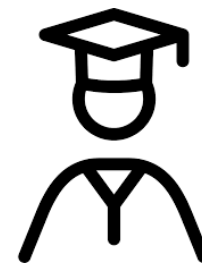


### Internship Opportunities

- Meet with your career coach to learn about how to search for, and apply to, fall/spring/summer internships and post-grad leadership programs
- Utilize [Handshake](#), [LinkedIn](#), and other search engines to look for internships

### Graduate School

- Consider if graduate school is an option you'd like to pursue
- If you are applying to graduate school, talk with your career coach to learn the timelines for standardized tests; how to ask for effective recommendations and write effective resumes, statements of purpose, or personal statements; and the strategies for successful applications
- Set up graduate school visits to further explore your post-grad options and to connect with people in your field(s) of interest.



### Stay Involved

- Continue to stay involved in campus [clubs](#), [organizations](#), and [volunteer opportunities](#). Take on formal and informal leadership roles

