

# MULTIPLE MINI INTERVIEW GUIDE

## FOR PRE-HEALTH

Are you interviewing for a professional health school that conducts Multiple Mini Interviews? If so, this guide will help get you started in preparing for a great interview.

### What is a Multiple Mini Interview (MMI)?

An MMI is a series of short, timed interviews stations meant to assess an applicant's ability to think on your feet, communicate ideas, critically evaluate information, and reflect on issues in healthcare.

MMIs generally consists of 5-6 stations with different questions or scenarios to answer. The applicant typically has 2-3 minutes to read the question/instructions and then 7-8 minutes to go through the station. MMI evaluators may interview the applicants and discuss questions/scenarios with them or observe the applicant's interactions with an actor.

### What is an MMI *not*?

- A test of your knowledge of science, the body, or any particular healthcare policy or procedure
- A back and forth dialogue or a friendly conversation
- A chance to explain the weaknesses of your application
- A critique of your acting skill

### MMI Evaluation

#### What are you being evaluated on?

- Ability to communicate
- Critical thinking
- Cultural competence
- Ethical decision-making
- Problem solving
- Other characteristics: Adaptability, Confidence, Empathy, Professionalism, etc.

#### Who will be evaluating you?

This varies from school to school, but you could be evaluated by professional health school faculty, staff, students, or other volunteers.

### Quick Tips

- Read the prompt carefully and make sure to address all aspects of it.
- Remember that there are no right or wrong answers.
- Be yourself. Tell your story through your answers, but don't try to feed the interviewer with what you think they want to hear.
- Avoid using placeholders while talking ("um", "like", etc.). It is okay to have periods of silence to collect your thoughts.
- Think about both sides of the situation. Make sure to show that you can see different perspectives.
- Be aware of your facial expressions and body movements (i.e. playing with hair, tapping leg, lack of eye contact, etc.).

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## How to Prepare

- Understand the core mission and values of the school for which you are interviewing
- Understand your own values and ethical beliefs
- Research current issues in healthcare
- Reflect upon how you react in certain situations, and why you react the way that you do
- Utilize practice questions
- Become comfortable receiving no feedback (verbal, non-verbal, side comments, etc.) to measure your progress
- Practice using timed simulations

## Example Questions/Scenarios

### Ethical decision-making:

“An 18-year old man is diagnosed to have suspected bacterial meningitis. He refuses therapy and returns to the college dormitory. What should a physician do in this situation?”

### Current issues in healthcare:

“Discuss the pros and cons of legalizing marijuana in relation to the healthcare system. How does this impact a physician’s present ability to write out a prescriptions for ‘medical marijuana’ (in states where this is legal)? Would legalization cost the healthcare system more or less after it was passed?”

### Role play scenario:

“You are a 3rd year medical student doing hospital rotations. A fellow medical student who is doing rounds with you often shows up to these sessions tired, messy, hung over, or even drunk. One day you found him in the lunch room, unaccompanied, so you decided to talk to him. Please enter the lunch room.”

**For more example questions, see the additional preparation resources below.**

## Additional Resources

### Issues in Healthcare

- Affordable Care Act - [www.hhs.gov/healthcare/about-the-aca/index.html](http://www.hhs.gov/healthcare/about-the-aca/index.html)
- Center for Disease Control - [www.cdc.gov](http://www.cdc.gov)
- MedlinePlus - [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)
- National Institutes of Health - [www.nih.gov](http://www.nih.gov)
- National Public Radio Health Section - [www.npr.org/sections/health](http://www.npr.org/sections/health)
- New York Times Health Section - [www.nytimes.com/pages/health/index.html](http://www.nytimes.com/pages/health/index.html)
- PubMed - [www.ncbi.nlm.nih.gov/pubmed](http://www.ncbi.nlm.nih.gov/pubmed)

### Where to Find Sample Questions

- University of Saskatchewan - [rehabscience.usask.ca/documents/Practice\\_MMI\\_QuestionsUofS.pdf](http://rehabscience.usask.ca/documents/Practice_MMI_QuestionsUofS.pdf)
- University of Calgary - [www.ucalgary.ca/mdprogram/admissions/mmi/samples](http://www.ucalgary.ca/mdprogram/admissions/mmi/samples)
- Astroff - [multipleminiinterview.com/mmi-questions](http://multipleminiinterview.com/mmi-questions)

### Other Resources

- Big Interview - [unl.biginterview.com](http://unl.biginterview.com)
- Association of American Medical Colleges (AAMC) - [aamc.org](http://aamc.org)
- For Dummies - [www.dummies.com/careers/medical-careers/how-to-prepare-for-a-multiple-mini-medical-school-interview-mmi](http://www.dummies.com/careers/medical-careers/how-to-prepare-for-a-multiple-mini-medical-school-interview-mmi)

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